Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Sao's Fruit Platter	Raisin Toast Fruit Platter	Rice cakes Fruit Platter	Crackers and dip Fruit Platter	Crumpets Fruit Platter
Lunch	Beef stroganoff with pasta	Chicken and bean nachos	Sausage casserole	Macaroni and cheese	Chicken and vegetable stir fry
Afternoon Tea	Apple cakes Fruit Platter	Cheese twists Vegetable Platter	Pikelets Fruit Platter	Anzac biscuits Vegetable Platter	Cheese and crackers Fruit Platter

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	English muffins	Cruskits	Toast	Sao's	Rice cakes
	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Lunch	Tuna Mornay	Vegetable pasta bake	Beef lasagne	Coconut chicken curry	Beef quesadillas
Afternoon Tea	Vegemite twists	Biscuits	Pizza scrolls	Pear muffins	Jam drops
160	Vegetable Plater	Fruit Platter	Vegetable Platter	Fruit platter	Vegetable Platter

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Cruskits	Cheese and crackers	Toast	Sao's	Rice cakes
	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Lunch	Spaghetti bolognaise	Chicken and potato bites	Pumpkin risotto	Chicken stroganoff with potato	Sausage and vegetable pasta bake
Afternoon Tea	Banana bread	Scones	Anzac biscuits	Vegemite cheese twists	Crackers and dip
	Fruit Platter	Vegetable Platter	Fruit Platter	Vegetable Platter	Fruit Platter

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Crumpets	Rice cakes	Raisin toast	Cruskits	Rice cakes
Tea	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Lunch	Tuna and vegetable pasta bake	Vegetarian fried rice	Shepherd's pie	Chicken Boscaiola with pasta	Vegetable soup with bread
Afternoon Tea	Lebanese bread Vegetable Platter	Apple cinnamon muffins Fruit Platter	Scones Vegetable Platter	Jam drops Fruit Platter	Banana bread Vegetable Platter

